



A COMPREHENSIVE GUIDE

Caring For Elderly Cats



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Caring For Elderly Cats: A Comprehensive Guide



Introduction

At Club Lumo, we understand that our feline companions hold a special place in our hearts, especially as they enter their golden years. Caring for senior cats requires attention to their evolving needs to ensure they continue to live happy, healthy lives. This guide provides practical, research-backed advice to help you support your aging cat with confidence and compassion.



Understanding Senior Cats

Cats are generally considered senior at around 10 years of age. However, aging is a gradual process, and individual cats may show signs of aging at different times. Regular veterinary check-ups can help monitor your cat's health as they age.

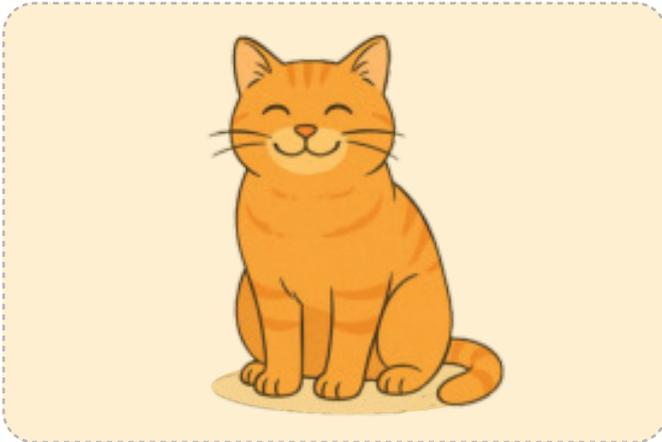


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Caring for Elderly Cats: Health and Veterinary Care



Regular Check-Ups

Senior cats should have veterinary examinations at least every six months. These visits can help detect age-related conditions early, such as kidney disease, arthritis, or dental issues. Early detection allows for timely management and improves your cat's quality of life.



Home Monitoring

Keep an eye out for changes in behaviour, appetite, weight, or litter box habits. These can be indicators of underlying health issues. Maintaining a journal of any changes can be helpful during veterinary visits.

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Caring for Elderly Cats: Nutrition and Hydration



Dietary Needs

As cats age, their nutritional requirements change. Senior cats may benefit from diets that are higher in easily digestible proteins and lower in calories to maintain a healthy weight. Consult your veterinarian for dietary recommendations tailored to your cat's specific needs.

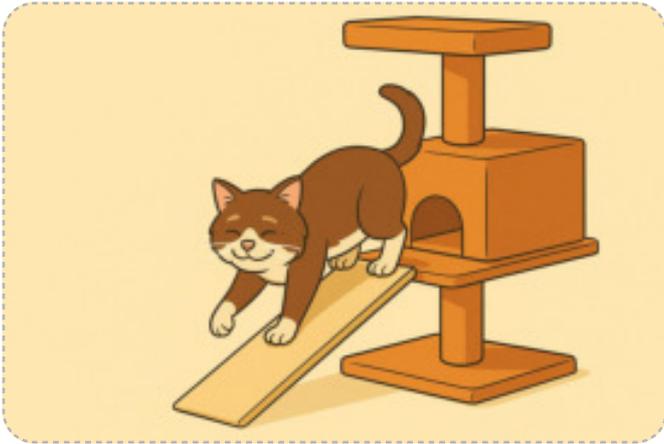


Hydration

Older cats are more prone to dehydration. Encourage water intake by providing multiple water bowls around the house and consider incorporating wet food into their diet. Some cats may prefer running water; pet fountains can be an attractive option.

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Caring for Elderly Cats: Comfort and Environment



Accessible Living Spaces

Arthritis and mobility issues are common in senior cats. Ensure their living spaces are easily accessible. Provide ramps or steps to favourite resting spots and consider low-sided litter boxes for easier entry and exit.

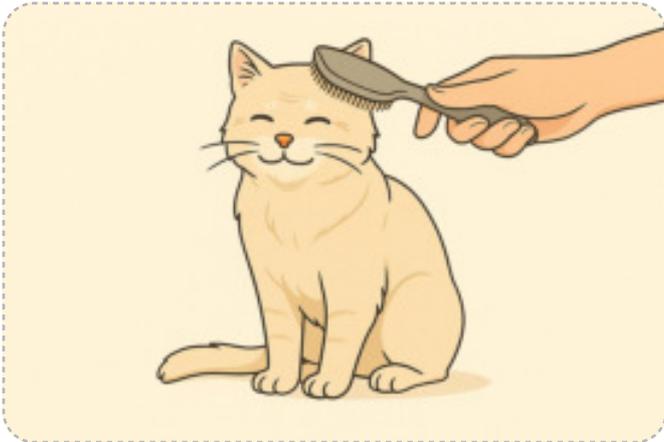


Warmth And Bedding

Older cats often seek warmth. Provide cozy bedding in draft-free areas. Heated beds or pads can offer additional comfort, but always ensure they are safe and have automatic shut-off features or temperature controls to prevent overheating.

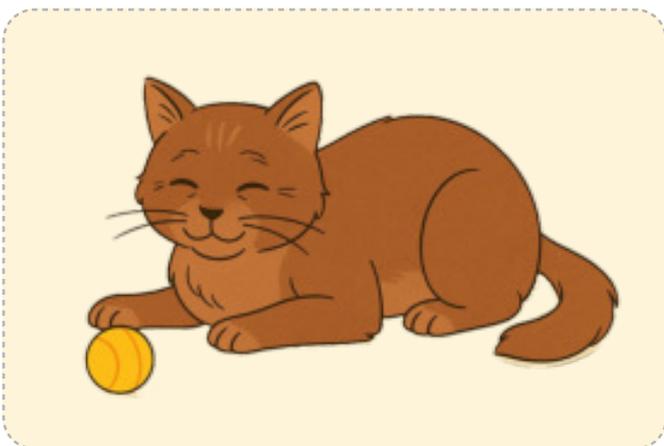
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Caring for Elderly Cats: Companionship and Hygiene



Grooming And Hygiene

Older cats may struggle with self-grooming due to reduced flexibility or pain from arthritis. Regular gentle brushing can help remove loose hair and prevent matting. Check regularly for signs of skin irritation or changes in coat condition.



Mental Stimulation And Companionship

Mental engagement remains important as cats age. Provide interactive toys and engage in gentle play to stimulate their minds and maintain emotional health. Spend regular quality time together to reassure your cat of your affection and presence.



How Club Lumo Can Support You

Club Lumo is dedicated to offering compassionate and attentive cat sitting, especially tailored for elderly cats. Our experienced sitters understand the unique needs of senior felines, ensuring they enjoy comfort, gentle care, and companionship while you're away.

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